



Subject area: **PHYSICAL EDUCATION** (updated January 2019)

Course: **BTEC National Extended Diploma in Sport**

Level: Level 3

Course Details: What will the course consist of and how will it be delivered?

The BTEC National Extended Diploma in Sport is intended as an Applied General qualification, equivalent in size to three A Levels. It is a two-year, full-time course that meets entry requirements in its own right for learners who want to progress to higher education courses in sport before entering employment.

The BTEC National Extended Diploma in Sport provides an introduction to the sector for learners looking to build a career in sport, within one of its occupational areas. These areas include Anatomy and Physiology, Fitness Training and Programming for Health, Sport and Well-being, Professional Development in the Sports Industry, coaching and leadership, sports development and the outdoors.

This course is suitable for students who would like to commence a career in the sports industry and will also give students a good platform for progressing into higher education at university

Person Specification—is this the right course for you?

Entry on to this course will require you to achieve 5 GCSEs including English, Maths including a relevant level 2 sport or GCSE PE qualification at a 5 (or equivalent) or above.

You must have a keen interest in sport, sports leadership and participation in sport.

Course Outline

The course is an active and enjoyable way to study Sport and gain an understanding of the Sport Industry. The course aims to provide students with opportunities to carry out practical work and develop skills and appropriate knowledge to enable progression to both Higher Education and employment. The course aims to provide students with skills and knowledge to pursue a successful career within the broad field of Sport. BTEC Sport will not only lead to employment but can open the door to University, studying Leisure and Recreation and Sports related Degrees.





BTEC National Extended Diploma in Sport [Triple Award Course]

You will study ten mandatory units, four of which are assessed externally (EA) **plus** 4 optional units.

Mandatory Units:

Unit 1: Anatomy and Physiology (EA)

Unit 2: Fitness Training and Programming for Health, Sport and Well-being (EA)

Unit 3: Professional Development in the Sports Industry

Unit 4: Sports Leadership

Unit 7: Practical Sports performance

Unit 8: Coaching for performance

Unit 9: Research Methods in Sport

Unit 19: Development and provision of Sport and Physical activity (EA)

Unit 22: Investigating Business in Sport and the Active Leisure Industry (EA)

Unit 23: Skill Acquisition in Sport

Optional Units:

Unit 5: Application of Fitness Testing

Unit 6: Sports Psychology

Unit 10: Sports Event Organisation

Unit 11: Research Project in Sport

Unit 17: Sports Industry Management

Unit 18: Work Experience in Active Leisure

Unit 20: Leisure Management

Unit 21: Leisure Centre Operations

Unit 24: Sports Performance Analysis

Unit 25: Rules Regulations and Officiating in Sport

Unit 26: Technical and Tactical Demands of Sport

Unit 27: Principles and Practices for Outdoor and Adventurous Activities

Unit 28: Environmental Sustainability for Outdoor and Adventurous Activities

Further progression on completion of the course—what opportunities could this course lead towards in the future?

- Progression to higher education – sports science, physical education, sports and exercise science, sports coaching, sports development and health and physical fitness.
- Careers such as commercial and community sport management, local authority and voluntary sector sport, and public services.

Other important information

<i>Qualification Level</i>	Level 3	<i>'A' Level equivalence</i>	3
<i>Awarding Body</i>	Edexcel	<i>% Written Exam</i>	25%
<i>Lessons per week</i>	12	<i>% Portfolio Evidence</i>	75%
<i>Full course specification</i>	https://qualifications.pearson.com/en/qualifications/btec-nationals/sport-2016.html		