



1 May 2018

Dear Parent / Carer

As part of our Personal, Social and Health Education (PSHE) curriculum, we have planned a 'Making Connections' day, on June 27th. This will cover Relationships and Sex education at an age-appropriate level for all students.

Whilst this is an extremely important part of young peoples' transition into adulthood, we also appreciate that it can raise sensitive issues with some students. The issues covered by each year group have been chosen in accordance with the levels of maturity of students at different ages. The Relationships and Sex Education Curriculum varies for each year group as follows:

Year 7

- Online safety and Child Sexual Exploitation
- Puberty
- Peer pressure and relationships
- Body image

Year 8

- Different kinds of abuse and how we can prevent them
- Consent
- Different kinds of relationships
- Sexually Transmitted Infections and contraception

Year 9

- Anatomy, contraception and Sexually Transmitted Infections
- Unhealthy relationships
- Contraception and making choices
- Relationship breakdown

Year 10

- Positive relationships
- Social norms and the impact of pornography
- Pregnancy
- Female Genital Mutilation

Modern relationships are more complex than ever before, and young people face a whole range of pressures and decisions that have not been relevant in the past. Thus, it is all the more important that we enable our youngsters to handle these difficulties as maturely and confidently as possible.



During the course of the day, students will participate in workshops, taught sessions with teachers, and will attend some sessions with outside agencies. There will be opportunities to ask questions throughout, and students will be given an 'opt-out' opportunity for some aspects of these sessions.

If you feel that any of the subject matter planned for your son/daughter's year group is inappropriate for them and you would prefer to broach these issues yourself, please let the school know as soon as possible so that we can make alternative arrangements on the day.

The relationships and sex education curriculum can be found on the Academy website. If you have any questions about what might be covered or would like any further details, please contact a.wealleans@bulwellacademy.co.uk .

Yours sincerely

A handwritten signature in black ink, appearing to read 'A Wealleans', is placed over a light grey dotted rectangular background.

A Wealleans
PSHE Co-ordinator