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**Subject area:** Physical Education & Sport

**Course:** Core PE

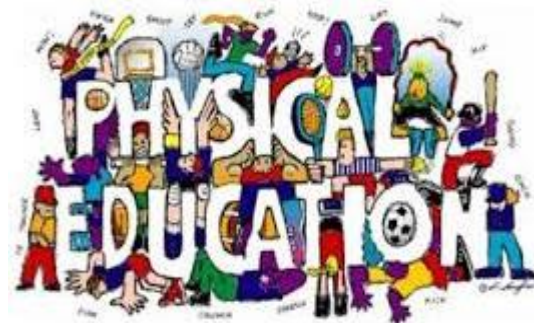
**Level:** Not applicable

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## Physical Education

When moving into key stage 4 all students are expected to take part in 3 hours of PE per week.

The PE department sees participation in some form of regular physical activity as an important part of school life and an excellent way to encourage the development of a healthy lifestyle that continues after education here at the Academy.



It is also extremely important for all pupils to have their correct Bulwell Academy PE kit (rugby top, short sleeve top and black tracksuit bottoms/black shorts) **for every lesson**. Students who fail to bring their PE kit to lessons will have to sit a detention after school.

### Course Details - What will the course consist of and how will it be delivered?

In Physical Education students are given the opportunity to participate in a wide range of activities including - invasion games, net/wall games, striking & fielding games and athletics activities.

### Person Specification—is this the right course for you? Are you...

**All students** are expected to fully participate in **all PE lessons** - therefore PE kit is a must.

### Assessment

There is no formal qualification in core PE although students will have ongoing assessments in the activities that they follow in lessons.

### Further progression on completion of the course—what opportunities could this course lead towards in the future?

- Having an extensive range of experience in both in school and out of school sport will be beneficial when applying for college placements and university courses.