

## THE CURRICULUM OFFER

**Subject:** PE & Dance

**Department:** PE & Dance

### Introduction

The PE and Dance department is made up of 8 full time PE specialists, 1 part time PE specialist, 1 School Sports Coordinator and 2 non-specialist teaching staff, making this team a very experienced body of teachers. Many members of the department have worked in Bulwell for many years. Each member of staff brings their own expertise from indoor rowing, dance, netball, football, rugby, Zumba to athletics. Physical Education develops key skills of students to prepare them for the world of work. Key elements that are taught include team work; the ability to reflect, evaluate and analyse; set targets for improvement; and work independently.

### PE & Dance Staff Team



#### Contact Us

To contact a member of English, please email:

[initial.surname@bulwellacademy.co.uk](mailto:initial.surname@bulwellacademy.co.uk)

Or telephone the school's reception on 0115 964 7640. Our Receptionist will take a message and ask the staff member to contact you when they are able. It is likely that your call will not be returned until after the end of the teaching day.

Vice Principal for PE	Mrs L Dean
Head of Department	Mr B Howarth
2 <sup>nd</sup> in Department	Ms C Bacon
Teacher of PE / Senior VP	Mr R Derry
Teacher of PE	Mr J Baxter Miss M Bowden Mr D Brockhurst Mr J Todhunter
Teacher of PE / Dance	Mrs C Oliver
School Sports Co-ordinator	Mr P Deacon
Non-specialist Teaching Staff	Mr M Hire / Miss S Trainer

### Key Stage 3 Curriculum (Years 7 & 8)

Students experience a varied curriculum in PE which focusses on participation, development of skills and application of these skills in competitive situations. Students also take on the roles of coach, official and score keeper in some lessons. Students have the opportunity to develop skills, knowledge and understanding in a variety of sports such as football, rugby, basketball, cricket, table tennis, dance, Zumba, trampolining, netball, swimming, gymnastics, health and fitness, badminton, tennis and rounders.

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### Year 7

In Year 7 students participate in a fully inclusive varied curriculum covering net and wall games, invasion games, striking and field, swimming, gymnastics, dance and athletics. Within these lessons students are taught basic skills to enable them to participate in the activity. They gain knowledge of rules and regulations, the importance of and how to lead warm up, working as a team and developing independence skills.

### Year 8

As students move into year 8 they learn more advanced skills with tactics and strategy. Students take on more demanding roles as leaders, coaches and officiators. There is more emphasis on knowledge and understanding as well as performance, this leads to students evaluating and reviewing their own and others performance to identify, describe and explain strengths and areas for development.

## Key Stage 4 Curriculum (Years 9, 10 & 11)

### Core PE

When moving into Key Stage 4 all students are expected to take part in 3 hours of PE per week. Students are given the opportunity to participate in a wide range of activities including – invasion games, striking and fielding games and athletics activities.

There is no formal qualification in core PE although students will have ongoing assessments in the activities that they follow in lessons.

### BTEC Level 1 / Level 2 First Award in Sport

When choosing “options” in Year 8, students who wish to pursue PE as a qualification can opt to study the [BTEC First Award in Sport](#) at Key Stage 2. This course is studied through Years 9 to 11.

This is a Level 2 qualification which is graded at Level 2 Pass, Level 2 Merit, Level 2 Distinction, Level 2 Distinction\*, Level 1 and Unclassified.



The course develops knowledge and skills in a variety of areas linked to sport, exercise and health. Students have the opportunity to gain knowledge and experience of anatomy and physiology, fitness components, methods of training and testing, performance of skills and application of tactics and analysis of performance. 75% of this course is completed through the production of coursework. An online exam contributes to the final 25%.

**Year 9:** Students start their BTEC journey by focusing on Unit 2 Practical Sports Performance. This unit looks at rules and regulations of sport, techniques and tactics in sport and sporting performance.

**Year 10:** Students study Unit 1 Fitness for Sport and Exercise. This unit focuses on fitness components, methods of training and methods of testing. This unit is assessed through an online written exam.

**Year 11:** Students start the year by focusing on developing their coaching skills by completing Unit 6 Leading Sports Activities. Students finish the course with the completion of Unit 4 Sports Performer in action which looks at the anatomy and physiology of sports performance.

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### **BTEC Level 1 / Level 2 First Award in Performing Arts (Dance)**

When choosing “options” in Year 8, students who are interested in all aspects of dance can opt to study the [BTEC First Award in Performing Arts](#) at Key Stage 2. This course is studied through Years 9 to 11.

This is a Level 2 qualification which is graded at Level 2 Pass, Level 2 Merit, Level 2 Distinction, Level 2 Distinction\*, Level 1 and Unclassified.

This course includes three components: Exploring Performing Arts, Developing Skills and Techniques in Performing Arts, and Performing to a Brief. Two units are assessed internally and one unit is externally assessed.

Learners have the opportunity to develop and apply skills in a selection of dance styles and it provides opportunities for synoptic assessment. Learners will apply the skills and knowledge gained from the core units when studying the optional units.



**Year 9:** Students are taught a variety of dance styles and are given the opportunity to explore, perform and do choreography in each. Students are taught how to refine their performance skills and how to develop their choreography skills.

**Year 10:** Students will explore Performing Arts, develop their skills and techniques in Performing Arts and perform to a brief (the brief is provided by the examination board prior to assessment). Students refine performance and choreography skills as they work towards a performance in the school Pantomime

**Year 11:** In the final year students will complete two units - one that is assessed internally and one which is externally assessed. Details of assessment comes from the exam board two weeks prior to completion.

### **Key Stage 5 Curriculum (Years 12 & 13)**

#### **BTEC Level 3 Extended Diploma in Sport**

The [BTEC National Extended Diploma in Sport](#) is intended as an Applied General qualification, equivalent in size to three A Levels. It is a two-year, full-time course that meets entry requirements in its own right for learners who want to progress to higher education courses in sport before entering employment.

The course provides an introduction to the sector for learners looking to build a career in sport, within one of its occupational areas. These areas include Anatomy and Physiology, Fitness Training and Programming for Health, Sport and Well-being, Professional Development in the Sports Industry, Coaching and Leadership, Sports Development and the Outdoors.

This course is suitable for students who would like to commence a career in the sports industry and will also give students a good platform for progressing into higher education at university

Students study ten mandatory units, four of which are assessed externally **plus** six optional units.